777 It is bad fal to eat or drink standing, to drink water from one hand
[264] only instead of drinking from both hands united (Andjra, Hiaina), and to drink with the mouth [34] in the water like an animal (Hiaina, Andjra, Ait Waryager); if you drink in the latter manner the water will go out through your anus.

[787] If a person walks with his hands joined together behind his back, his father or grandfather or some other relative of his will die (Ait Waryager).

777 The house will also be deserted by the angels (Tangier). It is
784 forbidden to whistle in a mosque or on a threshing-floor, and bad fal to do it on the road (Hiaina, Andjra, Ait Waryager). But it is the
533 custom for the shepherd to whistle; he thereby drives away evil influences from the animals (Hiaina, Ait Waryager). From a passage in the Koran it is understood that whistling was in the days of ignorance one of the idolatrous rites in the Meccan temple, and it is therefore generally held to be unlawful for pious Moslems.

787 [35] The twitches of muscles and itchings are interpreted as omens,
827 which are in most cases considered good or bad according as they occur on the right or the left side of the body. Twitching of your right eyelid indicates that some absent member of your family will come back or that some other pleasant event is in store for you, but a twitch of your left eye means that a member of your family will die or that you will have some other sorrow (Hiaina, Tangier, Aglu, Igliwa, Ait Waryager).

According to a scribe from the Ait Waryager, itching of the right palm, the right side of the face, or the right eyebrow indicates happiness, but itching of the left palm, the left side of the face, or the left eyebrow indicates sorrow.

[36] If the sole of one of your feet (Hiaina, Igliwa, Ait Waryager) or of your right foot (Dukkala, Shawia, Aglu) itches you will travel. Some people also believe that you will travel if you feel itching between the toes (Ait Waryager).

777 [40] There are magical influences of many kinds in the various days of the week. I have previously spoken of beliefs relating to Friday, the holy day of the Muhammadan world, as also of the abstinence from work on Sundays observed by the women in some Berber tribes. Sunday is generally considered the most favourable day for the beginning of the autumn ploughing, and in some places even